



United Methodist Women  
FAITH · HOPE · LOVE IN ACTION

# Push Your Tush

Let's Just get out and join the virtual

## Move-a-Thon

**When: The Whole Month of October!**

**What Time? Whenever You Want...Where? Wherever You Want!**

The Medford United Methodist Women are pleased to announce the inaugural Push Your Tush virtual Move-A-Thon to benefit the MUMC Pastor's Discretionary Fund. This special fund gives our Pastors flexibility to provide emergency resources for local people with a dire need.

**T-Shirts given to the first 100 registrants.**

### REGISTRATION



**\$10** Child  
(12 and under)

**\$15** Not a child

Registration includes

T-Shirt for first 100 registrants

From now until Oct 31st

**START TIME:**

Anytime!

**LOCATION:**

Anywhere!

Register online! [Pushyourtush.medfordumc.org](http://Pushyourtush.medfordumc.org). You will find out about the Blink, Challenges, Sponsorship, and progress of the campaign to support the Pastor's Discretionary Fund!



SCAN ME

Want to know know more about the MUMC  
United Methodist Women's Push Your Tush Event?  
Check us out at [pushyourtush@medfordumc.org](mailto:pushyourtush@medfordumc.org)

Mail registration to:

Medford UMC  
Attn: Push Your Tush  
2 Hartford Rd  
Medford, NJ 08055

Please make checks payable to  
Medford UMC and note  
Pastor's Discretionary Fund

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Circle One:

Age 12 and Under

Older than 12

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Sex (Circle):

M

F

T-Shirt Size (Circle):

XS

S

M

L

XL

2XL

Waiver: I know that any physical activity is potentially hazardous. I should not enter and exercise unless I am medically able and properly trained for the activity undertaken. I also assume any or all other risks associated with the physical activity including but not limited to falls, contact with other participants, the effects of the weather and other environmental conditions, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Medford United Methodist Church, any subsidiary & facilities it utilizes, all municipalities in which the race is held, the event committee, volunteers, any sponsors, including their agents, employees, assigns or anyone acting for or on their behalf or anyone else associated in any way with the event, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen and unforeseen, known or unknown. By entering this race, I am granting permission to Medford UMC, to use any pictures or likenesses of me secured via the event as they see fit without review, restriction, or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (IF UNDER 18, LEGAL GUARDIAN MUST SIGN)

Signature: (of parent if under 18) \_\_\_\_\_

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_